



DIREZIONE TECNICA SETTORE AGONISMO

GRAND PRIX ITALIA

SUMMER 2021

- **DATE**

24-25 JULY 2021

- **WHERE**

LIGNANO SABBIA D'ORO (UD), PALESTRA COMUNALE DI VIALE EUROPA

- **ENTRIES**

All athletes regularly enrolled in the FITw in possession of a valid competitive medical certificate can register for the competition. There are no requests about passing exams of degrees or SOLO standards. Registration is open to all athletes registered with foreign federations affiliated to the WBTF who have a regular medical certificate.

The registration fee for each individual specialty is € 5 and € 10 for pairs.

Entries must be received by FITw no later than 30 JUNE 2021.

When registering on the appropriate form attached hereto, the total amount must be paid to FITw by bank transfer:

UNICREDIT BANCA

Federazione Italiana Twirling

IBAN: IT40Q0200801116000102809908

BIC/SWIFT: UNCRITM1AB6

- **CATEGORIES**

Cadetti	▶	From 8 to 11 years completed by the 31 st of december 2021
Junior 1	▶	from 12 to 14 years completed by the 31 st of december 2021
Junior 2	▶	from 15 to 18 years completed by the 31 st of december 2021
Senior	▶	from 19 years completed by the 31 st of december 2021

- **EVENTS**

Events at the competitions are the follow:

- SOLO
- 2 batons
- FREE STYLE
- PAIR

- **LEVELS**

It is the responsibility of the coach and athlete to enter the appropriate level in this competition based on the athlete's true proficiency of skills and experience. The WBTF expects that all member countries will respect and honor these levels in order to uphold the integrity of International competition and promote an honest competitive environment.

- BEGINNERS (RESERVED FOR ATHLETES THAT HAVE NEVER HAD A COMPETITION BEFORE)
- LEVEL B
- LEVEL A
- LEVEL ELITE

- **RESTRICTIONS**

We are following the same rules that we have for restrictions at international cup.

For the Beginners restrictions are lower than level B.

You can find the tables below.

- **MUSIC**

SOLO/2BASTONI music is the same for everyone

- BEGINNERS: music from FITW beginners
- LIV A, B, ELITE: WBTFmusic

FREE STYLE /DUO music is free as at the international competition, following these rules

- Cat. C from 1'15" to 1'45"
- Cat. Jr from 1'30" to 2'00"
- Cat. Sr from 2'00" to 2'30"

Ten seconds of tolerance before or after the limit

- **GENERAL RULES**

All the other rules not written here must follow WBTF Manuals.

Judging Methods is from WBTF.

For Free style is not requested nor Short Program nor Only Body routine.

No Restrictions for Level Elite.

RESTRICTIONS

SOLO, FREE STYLE, PAIR

CATEGORY	BEGINNERS	Level B	Level A
SPINS	0-1Spins Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions 2 Spins Baton Standard Release Standard Reception Body No Restrictions	1-2Spins Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions 3Spins Baton Standard Release Standard Reception Body No Restrictions	1-2-3Spins Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions 4Spins Baton Standard Release Standard Reception Body No Restrictions
AERIALS	Not allowed	Not allowed	Aerial cartwheels ONLY (1) under the toss Baton Releases No Restrictions Reception No Restrictions Body <ul style="list-style-type: none"> •Minor body moves on release only are allowed •Reception No Restrictions •Aerial Cartwheels cannot be used in combination with any other body move •No other aerial gymnastic moves allowed
Stationary Complex & Traveling Complex	Only MINOR movements under the toss	Single major body move under the toss Baton Standard Release Standard Reception Body No Restrictions	Single major body move with 2 spins under toss Baton Standard Release Standard Reception BodyNo Restriction Double major body move is allowed under the toss, either traveling or stationary Baton Standard Release Standard Reception BodyNo Restrictions Double Major Tricks are allowed, either Stationary or Travelling.No limited number
MOVIMENTI DOPPI	Not allowed	Not allowed	Double major body moves are allowed under the toss, either traveling or stationary No limited number Baton Standard Release Standard Reception Body No Restrictions
ROLLS	<ul style="list-style-type: none"> • No continuous front neck rolls (with or without hands) • No front neck figure 8's • No monster rolls (partial or complete) 	<ul style="list-style-type: none"> • No continuous front neck rolls (with or without hands) • No front neck figure 8's • No monster rolls (partial or complete) 	No restrictions

CONTACT MATERIAL	No restrictions	No restrictions	No restrictions
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2 BATONS

CATEGORY	BEGINNERS	LEVEL B	LEVEL A
SPINS	0 spins (ONLY TOSS) Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions	1 spin Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions	2 spins Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions
AERIALS	NOT ALLOWED	NOT ALLOWED	NOT ALLOWED
Stationary & Traveling Complex	Only minor body under the toss(s) Baton Releases No Restrictions Reception No Restriction Body Releases No Restrictions Reception No Restrictions •Note –open hand releases are considered “Standard	Single major body under the toss(s) Baton Releases No Restrictions Reception No Restriction Body Releases No Restrictions Reception No Restrictions •Note –open hand releases are considered “Standard	Single Major Body move with one spin under toss(s) (this is not considered a double element trick) Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restriction One double element trick allowed with double major body move under toss(s) Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions No aerial gymnastics allowed
ROLLS	No continuous front neck rolls (with or without hands)•No front neck figure 8’sNo monster rolls (partial or complete	No continuous front neck rolls (with or without hands)•No front neck figure 8’sNo monster rolls (partial or complete	Partial monster roll is allowed, making 360 degree rotation around one arm
CONTACT MATERIAL	No restrictions	No restrictions	No restrictions